

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Neighborhood House

Goal: To expand pregnancy and parenting support services for adolescent women

For the period: July – August 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide direction, support, and guidance to grant funded staff; provide representation at required grantee meetings; Provide on-going reports as required; maintain data entry, data collection, and evaluation; work with staff to ensure expenses are within budget allowances		Administrative activities this quarter centered on following the newly approved and amended budget and carrying out final activities and transition plans. Worked with program staff to develop a list of care package essentials to give to participants exiting from the program. Participants were able to receive diapers, formula, baby bath supplies and safety proofing kits, among other small items. Worked with program staff to develop transition plans to successfully exit participants from Baby Talks program and transition them to other parent education programs with as minimal interruptions as possible.	
Outreach/Hmong	Recruit program participants through internal program referrals, speaking to students at local schools, tabling at resource fairs and community organizations; communication with and posting fliers at neighborhoods, organizations and professional networking		Prepared participants for a successful exit. No outreach was made during this quarter.	
Outreach/Latino	Recruit program participants through internal program referrals, speaking to students at local schools, tabling at resource fairs and community organizations; communication with and posting fliers at neighborhoods, organizations and professional networking		No outreach done this quarter but we had a lot of emails and calls regarding participation in the program. All Baby Talks program inquiries were referred to other agencies providing similar services.	

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Case Management Visits/ Hmong	Individual number of case management visits conducted this quarter		Case management was performed during home visits as well as when participants came to Neighborhood House to utilize Food Market.	6
Case Management Visits/ Latino	Individual number of case management visits conducted this quarter		Case management was offered during home visits as well as on site visits.	6
Case Management Services/ Hmong	Provide an individualized care plan with intake, assessment of needs, service planning, service plan implementation, service coordination, monitoring and following up; provide off-site visits, if needed	21	Most of home visits were made towards the end of quarter during supply drop off/ pick up. Participants expressed concerns regarding transition out of program but were not interested in additional services provided by Neighborhood House	6
Case Management Services/ Latino	Provide an individualized care plan with intake, assessment of needs, service planning, service plan implementation, service coordination, monitoring and following up; provide off-site visits, if needed		All home visits were to drop off supplies and follow up on previous discussions geared towards transitioning participants out of the Baby Talks program and on to other programs and/or services.	6
Group Sessions Hmong	Total number of attendance counts (duplicated)		Group session was provided during field trips. Participants participated in field trips to MN Zoo and Sea Life Aquarium. Participants showed interest in more field trips but could not settle on date. During these group sessions, main focus was for KIPS assessments, child development and self-care.	8
Group Sessions Latino	Total number of attendance counts (duplicated)		Group sessions consisted of attending field trips this summer quarter. We had a great turn out for field trips. Field trips this quarter were to the Science Museum, Sea Life Aquarium, and Crayola Experience at Mall of America. Along with field trips, participants attend National Night out at Neighborhood House. Six participants were active during this quarter from the Latino group.	16

Car Seat Program/ Hmong	Provide car seat education to all program participants	9	Car seat safety was discussed during home visits. Refreshed participants on proper car seat sizes and installation. Car seat brochure was provided to participants to assure they will have information for future use.	5
Car Seat Program/ Latino	Provide car seat education to all program participants		Not provided	0
Crib Distribution/ Sleep Safety Education: Hmong	Provide crib and safe sleep education to all program participants	9	Crib safety was discussed during home visits. Some participants were expecting a new baby and expressed concern on how to transition older child. Flyers and brochures were provided and did a brief discussion on crib safety.	4
Crib Distribution/ Sleep Safety Education: Latino	Provide crib and safe sleep education to all program participants		No sleep safety education this quarter	0

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Life-Skills Education Program/ Hmong	Address life skills education through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round	108	Life skills for this quarter was discussed during home visits and field trips. Participants expressed concerns in finding jobs, juggling chores and prioritizing tasks. Assisted participants in making a "to-do" list, and ranking tasks by urgency.	8
Life-Skills Education Program/ Latino	Address life skills education through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round		Life skills this quarter consisted of hands on experience preparing and caring for children during a busy outing. For some participants, it was their first time taking their kids to a field trip where there was so many people so it was a challenge to feed, change and watch their kids. Worked with participants to help them prepare for field trips with toys, snacks, extra clothes and supplies, as well as give them guidance while on the field trip about keeping children safe in public settings.	16

Nutrition/ Hmong	Provide nutrition education for teen parents; provide nutritional resources, referrals, and follow-ups through case management and assessment	9	Nutrition education was provided during field trips.	8
Nutrition/ Latino	Provide nutrition education for teen parents; provide nutritional resources, referrals, and follow-ups through case management and assessment		Food was provided for fieldtrips	6
Parenting Education/ Hmong	Address parenting skills through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round	108	Parenting skills was provided during field trips. Taught participant to actively communicate with baby. Point to objects and teach child how to try to repeat after parent. Help give tips on encouraging child to walk/crawl.	8
Parenting Education/ Latino	Address parenting skills through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round		Parenting at field trips was done by each parent. Parents demonstrated growth and reported it was a stressful, yet positive and proud experience to be around so many people and have their one year old (or younger) try to walk around safely. It was a good opportunity to practice parenting skills we learned in previous months.	16
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Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	7	New participant showed interest towards end of quarter. Participant was referred to a different parenting education program. Due to end of school year and more free time over the summer, numerous participants were interested in services.	
Transportation	Provide transportation services to participants to enable participation in program activities	9		

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0

<i>Number of women who received car seat safety education only from a PA funded program activity</i>	5
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	4

Challenges:

Hmong: Preparing participants to successfully exit program. Help to provide all resources to help participant succeed. Participant showed concern towards the end of quarter. Offered participant other services provided through Neighborhood House but participant hesitated due to lack of English skills.

Latino: Getting all participants to go on field trips was a challenge due to summer plans, school or jobs.

Comments:

Hmong: Participants showed a lot of interest in field trips. They enjoyed being around other moms and bonding with other parent and child. Prepared participants by providing baby essentials/items. Participants were sad about transition but exited successfully.

Latino: Participants were appreciative to receive some baby products as an incentive at the end of the program.